G3 America Martial Arts Instruction Waiver and Release of Liability

Please read, sign and date the following waiver.

Before beginning any type of martial arts training or any kind of exercise program, you should first consult your physician. While training, serious injuries are possible, including sprains, strains, twists, cramps, and other injuries of similar magnitude. Individuals training in the martial arts can expect to encounter these injuries infrequently. The possibility of more serious injury exists, including fractured bones, broken bones, and torn ligaments, though not all martial artists encounter such serious injuries. As with any martial arts training or physical activity, there also exists the remote possibility of crippling or death. During any martial arts training or exercise if you feel dizzy or faint or experience any pain whatsoever, you must stop immediately and without delay seek the advice of a physician or health care professional.

In consideration of being allowed to participate in any way in martial arts instruction or training, and related events, such as day and seasonal camps, and activities, the undersigned:

1. Agrees that prior to participating in the activities offered by G3 America Development Group LLC / DBA G3 America Martial Arts, they will inspect the facilities used and equipment to be used, and if they believe anything is unsafe, they will immediately advise their instructor, coach or supervisor or facility personnel of such condition(s) and refuse to participate.

2. Acknowledges and fully understand that they will be engaging in activities and programs offered by G3 America Development Group LLC / DBA G3 America Martial Arts that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inactions or negligence but the actions, inactions or negligence of others, the rules of training, or the condition of the premises or of any equipment used. Further, that there may be other risks not known or not reasonably foreseeable at this time.

3. Assumes all the foregoing risks and accepts personal responsibility for the damages following such injury, permanent disability or death.

4. Releases, waives, discharges and covenants not to litigate/sue the G3 America Development Group LLC / DBA G3 America Martial Arts’ instructor(s), affiliated clubs, regional sports organizations, their respective administrators, directors, agents, coaches, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lesasers of premises used to conduct the instruction, all of which are hereinafter referred to as “release’s” from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the release’s or otherwise.

5. Agrees that all movements learned will be used for self-defense purposes only, and only as a last resort.

The undersigned has read and fully understands the above waiver and release, and understands that they have given up substantial rights by signing it and signs it voluntarily.

Students’ Printed Name: _________________________________________

Students’ Guardian Name: _______________________________________

Student/ Guardian Signature: ___________________________ Date: __/__/___